

Tip of The Month: No dig gardening (Anna West)

Improve the structure of your soil by using up waste cardboard.

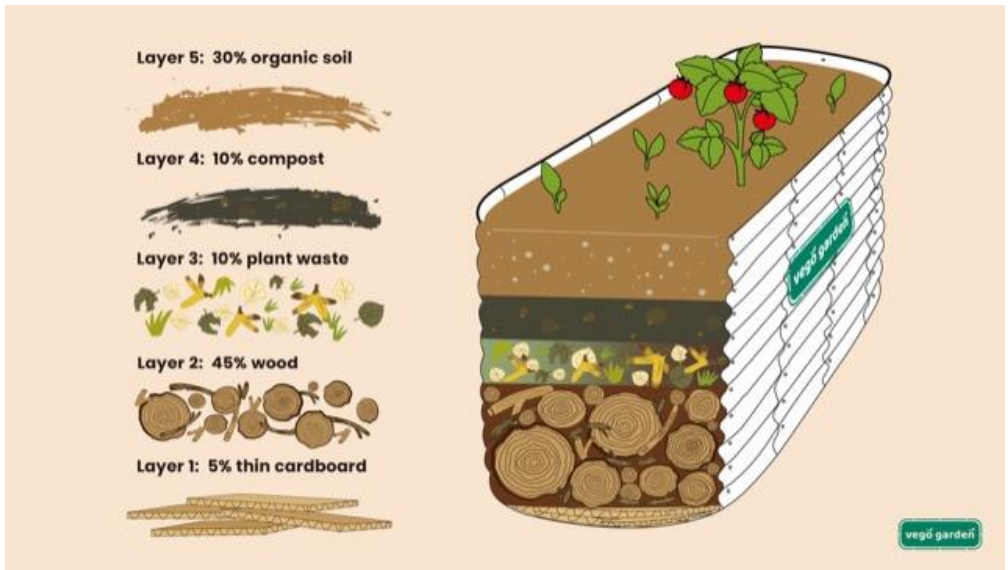
Laying down brown cardboard as a weed suppressant mulch layer and then adding a layer of compost will suppress weeds and will add back carbon to the soil. Below is a link from the soil society:

https://www.soilassociation.org/take-action/growing-at-home/allotments-and-home-growing/no-dig-gardening/?gad_source=1&gclid=CjwKCAiA2pyuBhBKEiwApLaIOyG8f8s5vApFSiIRgjsvWLBGEMEsjWYOE11BrKqg3VjtvL3yCG-CxoCN6EQAvD_BwE

Alternatively Google “soil association no dig gardening”.

There are also some very helpful links on-line along with videos about how to fill raised beds cheaply.

This involves a bottom layer of cardboard then branches and dead wood followed by organic material, vegetable waste before a final top layer of topsoil and compost.



<https://vegogarden.com/blogs/academy/how-to-fill-raised-garden-beds-and-save-money>