

## **Environmental tip of the month**

What is the most Eco toilet paper to buy?

**None-** use a washable cloth use a bidet or attach a hose to the cistern or and wash -as in the Middle East. This may not be practical for most people , so what is the best paper to buy?

If you use paper then use recycled as it has less environmental impact because;

fewer trees are felled,

recycling paper means less material going to landfill,

less water is used in its production

less pollutants are produced

production uses fewer toxic chemicals than needed to bleach virgin pulp.

If made in the UK there is less carbon produced in transport.

**Branded Toilet Paper** we have done some research which might pique your interest.

Ecoleaf (Suma) 100% Recycled: fibre from UK

Essential 100% Recycled: fibre from UK

Traidcraft 100% Recycled: fibre from UK

Who Gives a Crap 100% Recycled: fibre from China Bamboo: fibre from China

(50% of profits donated to fund sanitation projects)

The Cheeky Panda Bamboo: FSC 100% from China

Emerald 70% Tree-Free: Sugarcane bagasse, bamboo & FSC 100%. From USA

FSC=Forest Stewardship Council.

Price -compare cost per sheet rather than per roll as they vary hugely in size.

<https://thoroughlymoderngrandma.com/how-to-choose-the-most-eco-friendly-toilet-roll/>

A really good summary.

<https://www.ethicalconsumer.org/home-garden/shopping-guide/toilet-paper>



Anna West

**A note from the editor.**

I have used Who Gives a Crap paper for about two years. The quality is good and it is delivered to my door. It is all recyclable including the boxes and packaging and I get regular updates on sanitation projects BUT I did not realise it comes originally from China. This obviously involves a greater carbon footprint. I need to look into the other suggestions.