

## June 2023 Environmental tip of the month: A flight-free trip to Morocco!



Did you know that travelling by train can reduce CO2 emissions by as much as 90% compared to travel by plane? (*data supplied by the Energy Saving Trust*)

Alongside the benefits in terms of the environment there are many ways in which train travel can be more relaxed and less stressful than flying.

- There are typically no weight limits on luggage - if you can lift your suitcase onto the train you can take it with you, and you won't be charged extra.
- You'll probably have more legroom on the train, and it's far easier to stretch your legs.
- You'll feel you've seen more of the countries you're visiting.
- There's no need to arrive hours before departure - so long as the doors haven't closed you can embark.
- Stations tend to be in the heart of cities, unlike airports which are usually at a distance. This can make onward travel quicker and cheaper.

The website [www.seat61.com](http://www.seat61.com) contains a wealth of information and advice/guidance/ideas about trips by train, both in Europe and further afield.

For those who still find it daunting, (we did) there are links to travel companies who will help you. We used a small company based in London. They were fabulous and organised trains and accommodation for a recent trip to Rome and Venice which included the spectacular Bernina Express over the Swiss Alps where we had lunch in St Moritz en route to Italy.

In the last couple of years there's been a resurgence of night trains across Europe. This can add to the adventure and of course saves a night in a hotel.

Regarding costs, it will of course vary depending upon how much travelling one does. To give an idea, an Interrail pass for five days of unlimited travel in a month costs £246 (10% less if over 60)

# Flight-free Morocco



On this spectacular intercontinental journey from London to Tangier, Chefchaouen, Fez and Casablanca (and back!), you'll uncover brilliantly bohemian medinas, kite-surfing beaches and blue-rinsed villages.



Say goodbye to Europe via Nîmes, Madrid and Cádiz, and cross the strait of Gibraltar into northern Africa on the Tangier ferry. Trundle through mountain scenery by bus and traverse great distances on Morocco's slick high-speed trains, with stays in riads, locally-owned spas, and guesthouses overflowing with Moroccan hospitality.



Martyn West 01752 830420